



#1 nonsurgical fat reduction treatment*



An FDA-cleared approach that
freezes away stubborn fat?

THAT'S COOL

Start your
transformation today
with CoolSculpting®.

- Nonsurgical
- Little or no downtime
- Works in the areas that
bother you most

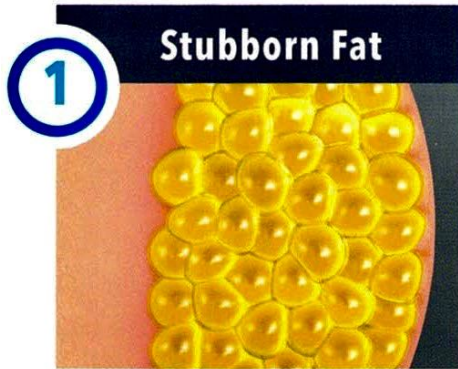


Allied
Health & Wellness

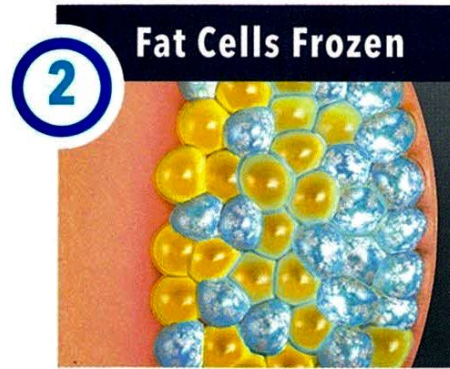
Model. Not an actual patient.
*CoolSculpting® is the treatment doctors use most for nonsurgical fat reduction.

Tired of Stubborn Fat? Freeze It Away

The CoolSculpting® treatment is an innovative, nonsurgical way to contour your body by safely and effectively freezing stubborn fat away.



Many of us have stubborn fat despite diet and exercise.



Controlled cooling gently and effectively targets fat cells underneath the skin while leaving the skin unaffected. Treated fat cells are frozen and then die.



In the weeks that follow, the body naturally processes the fat and eliminates these dead cells.



CoolSculpting® results are long-term,² as treated fat cells are gone for good.¹

**Want more cool details?
Just ask, or visit coolsculpting.com.**

THAT'S COOL

Works in the areas that bother you most

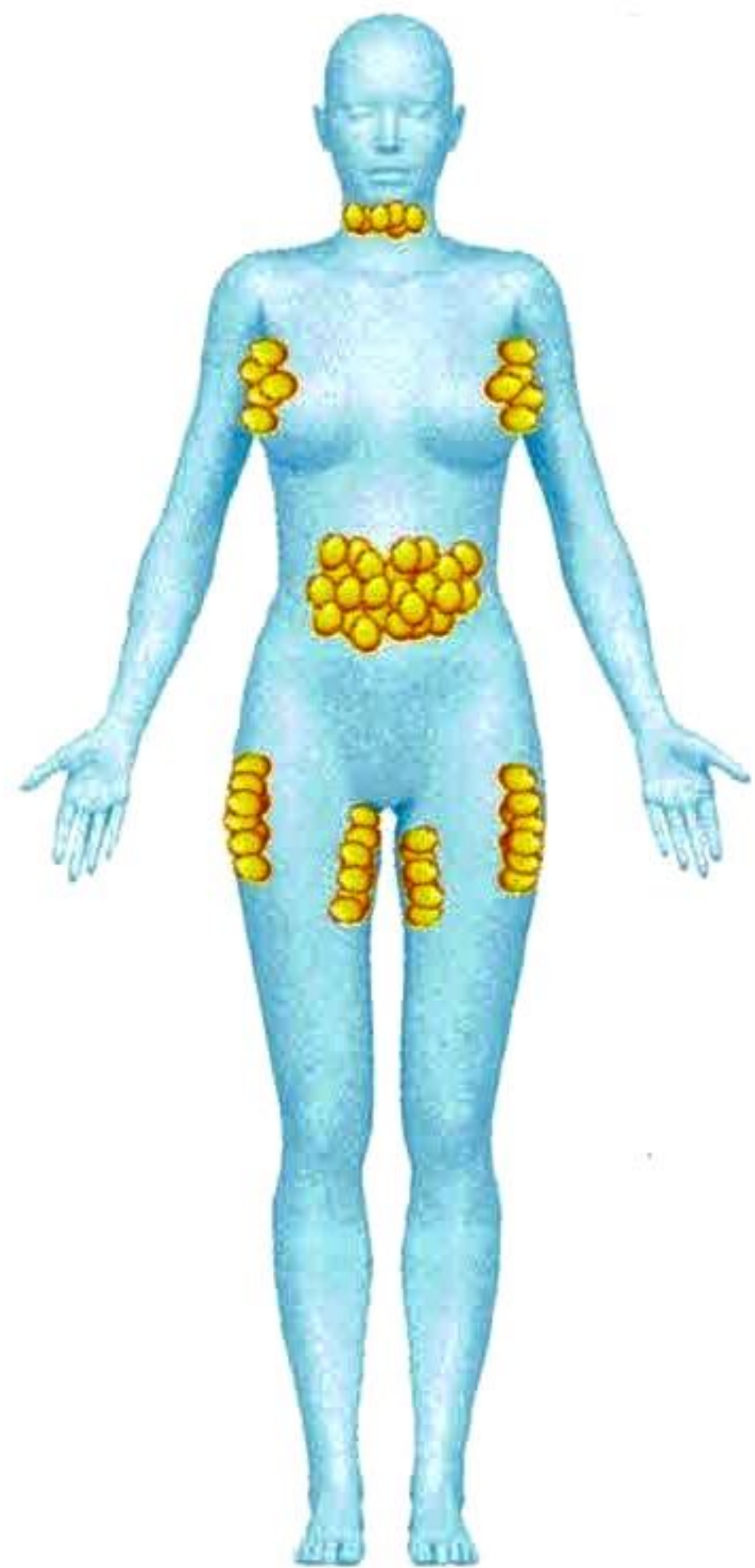
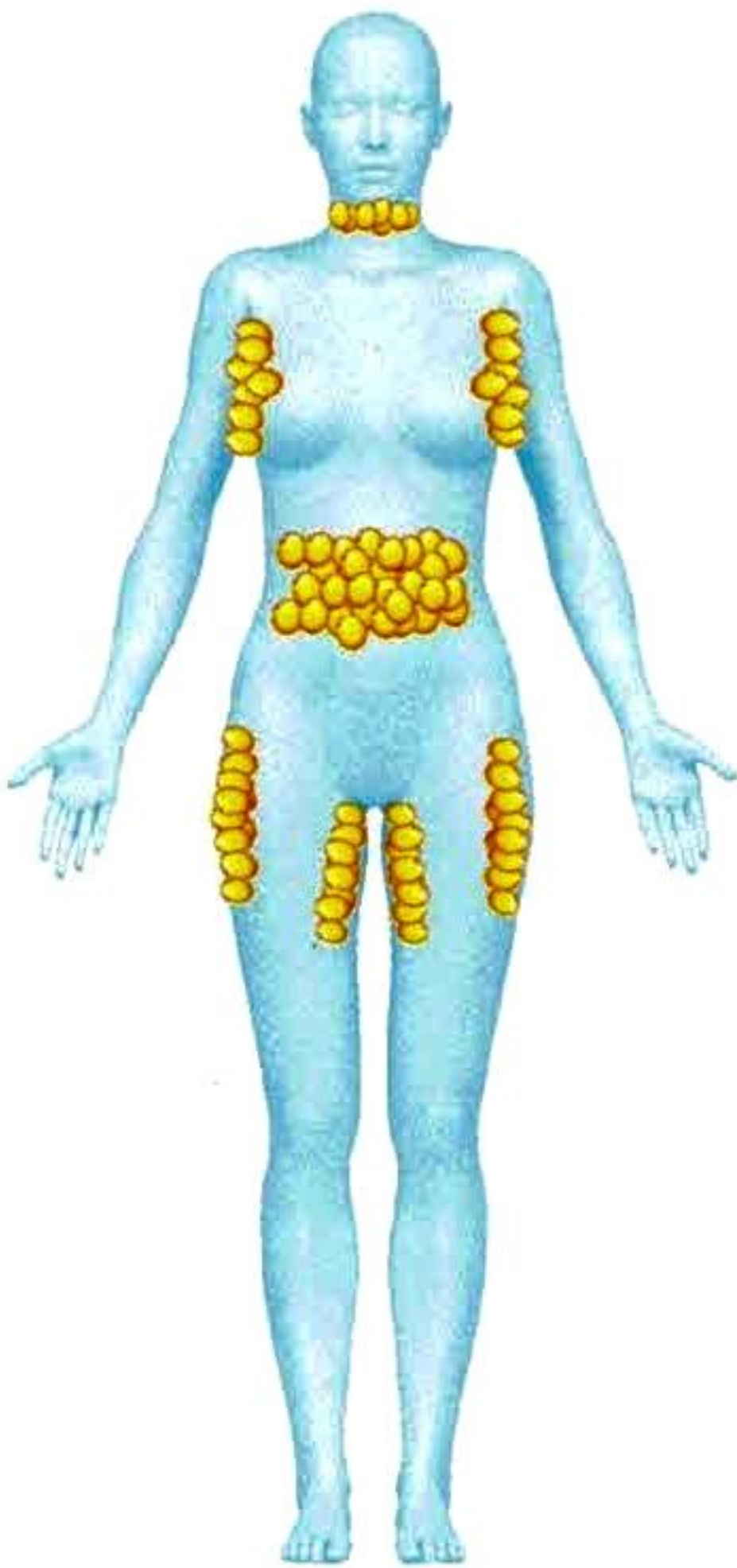
- Abdomen
- Side (flank)
- Under the chin
- Upper arm
- Bra area
- Back
- Thigh
- Underneath the buttocks (banana roll)

BEFORE

AFTER

the CoolSculpting® Procedure

the CoolSculpting® Procedure



The maximum number of fat cells is set at adolescence.

- When you lose weight, your fat cells **shrink** but **do not go away**
- With CoolSculpting®, treated fat cells are **completely eliminated**

 **coolsculpting®**

#1 nonsurgical fat reduction treatment*

Goodbye, Stubborn Fat. Hello, Long-Term Results²

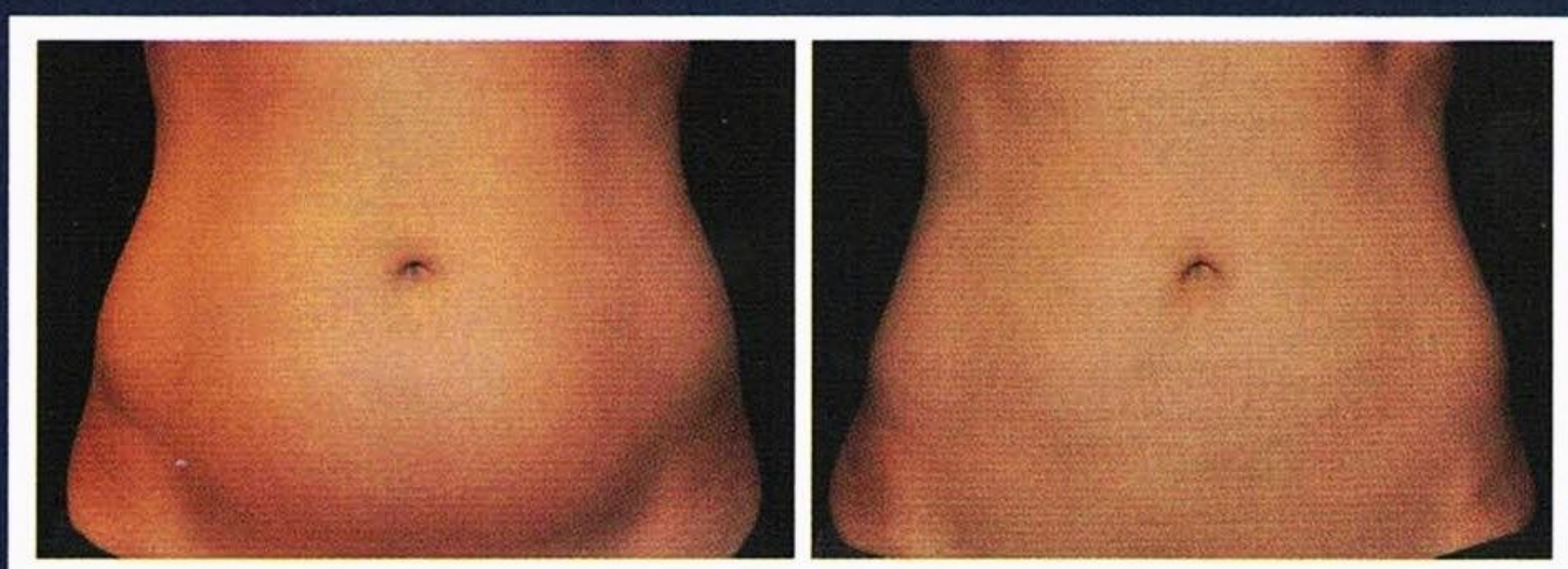
ABDOMEN

Female



BEFORE

12 WEEKS AFTER
Second CoolSculpting[®] Session



BEFORE

6 WEEKS AFTER
CoolSculpting[®] Session

Male



BEFORE

8 WEEKS AFTER
CoolSculpting[®] Session

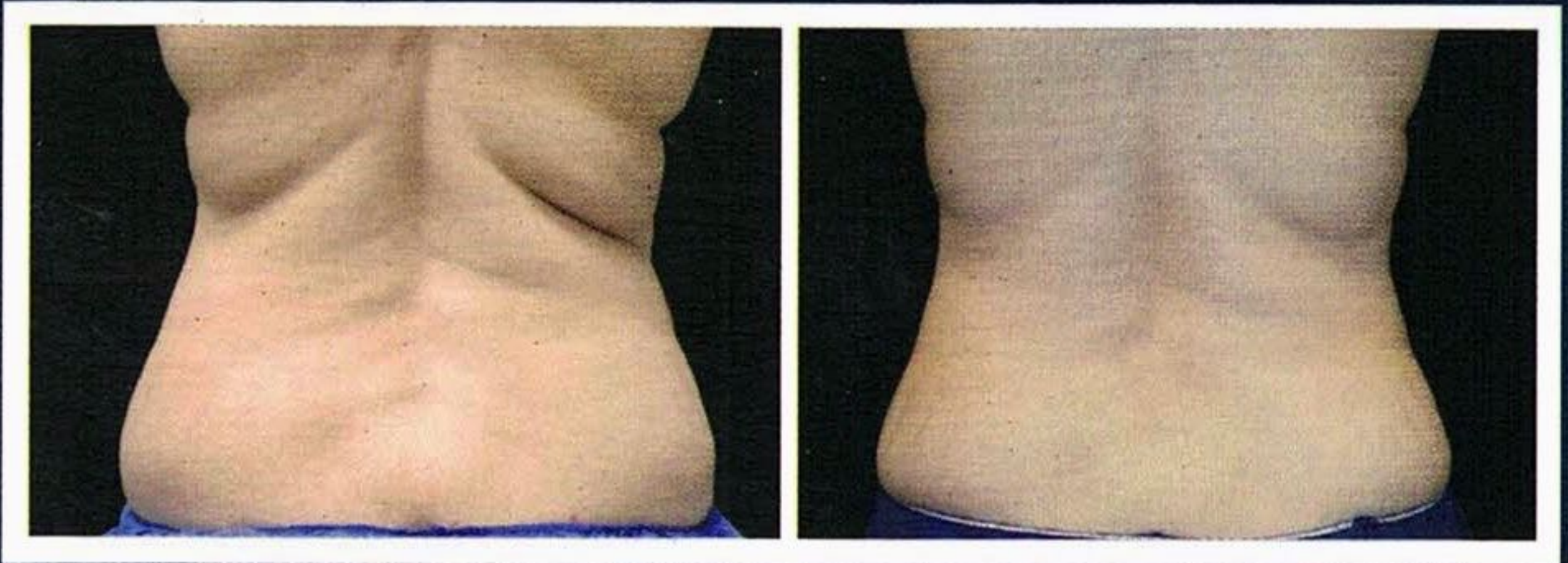


Treatment can be done in as little as **35 minutes**, depending on the area.

THAT'S COOL

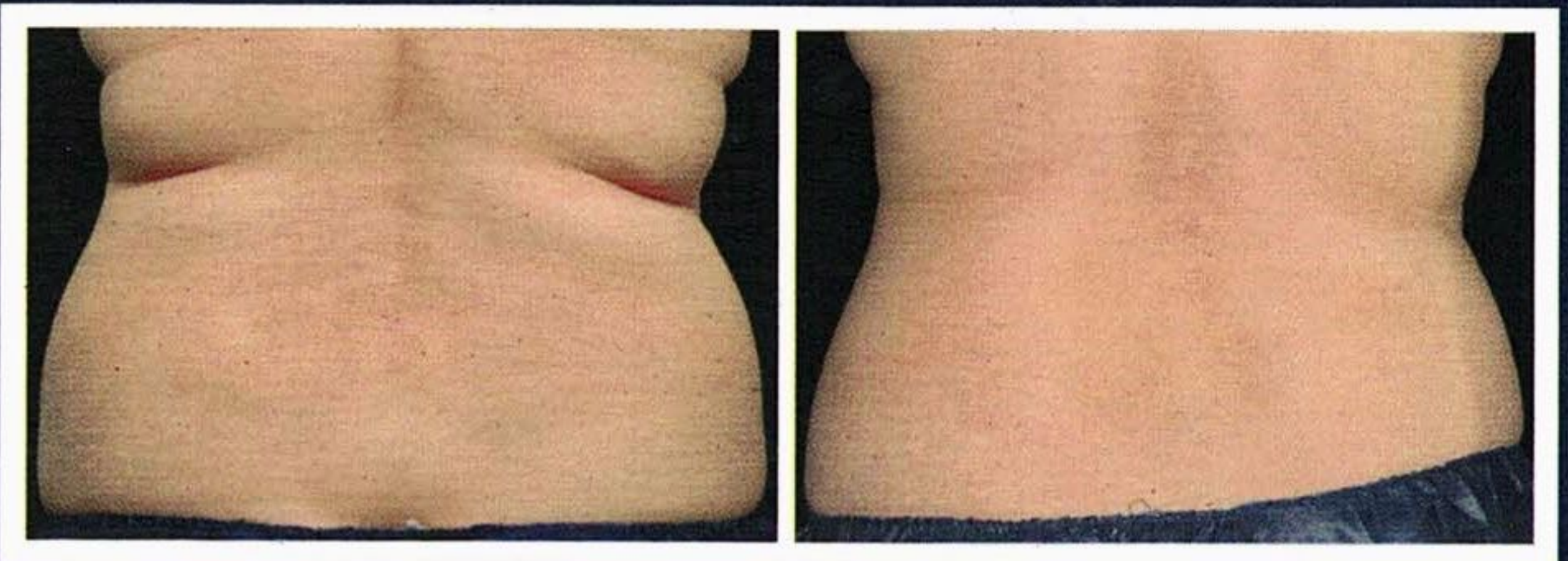
SIDE (FLANK)

Female



BEFORE

4 WEEKS AFTER
CoolSculpting® Session



BEFORE

17 WEEKS AFTER
CoolSculpting® Session

Male



BEFORE

13 WEEKS AFTER
Second CoolSculpting® Session

 **coolsculpting®**

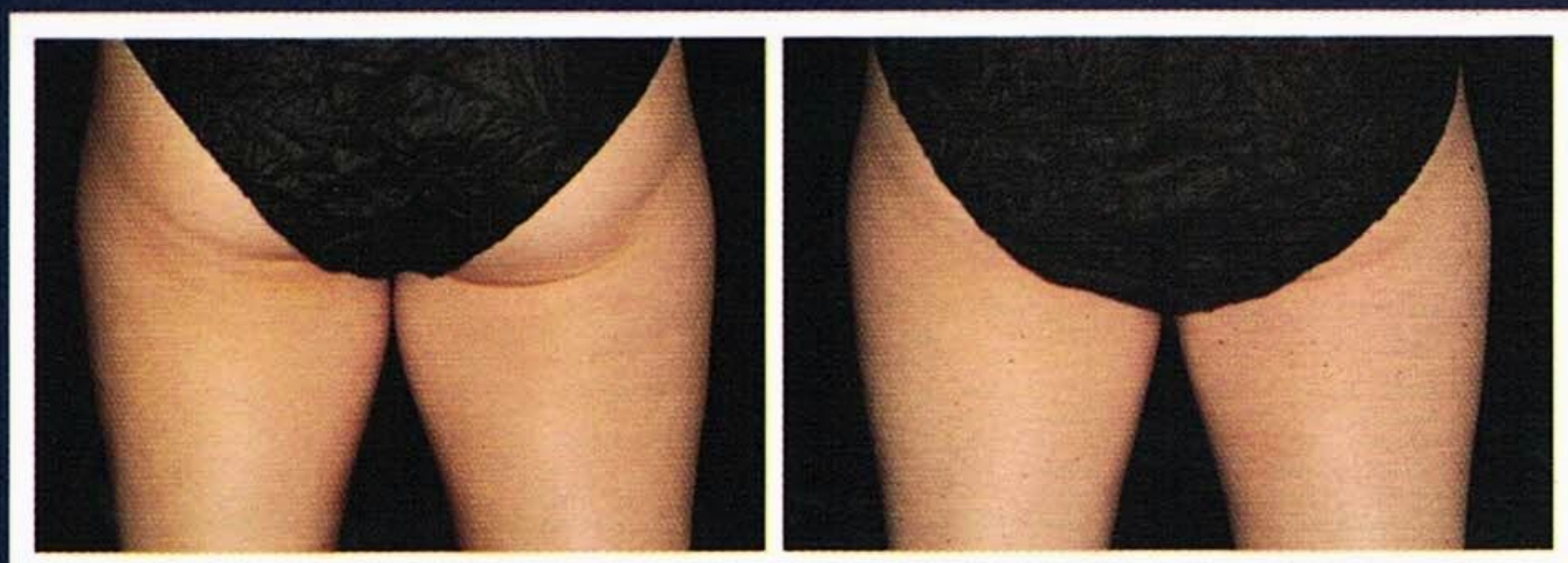
#1 nonsurgical fat reduction treatment*

*CoolSculpting® is the treatment doctors use most for nonsurgical fat reduction.

Results That Go Beyond the Belly

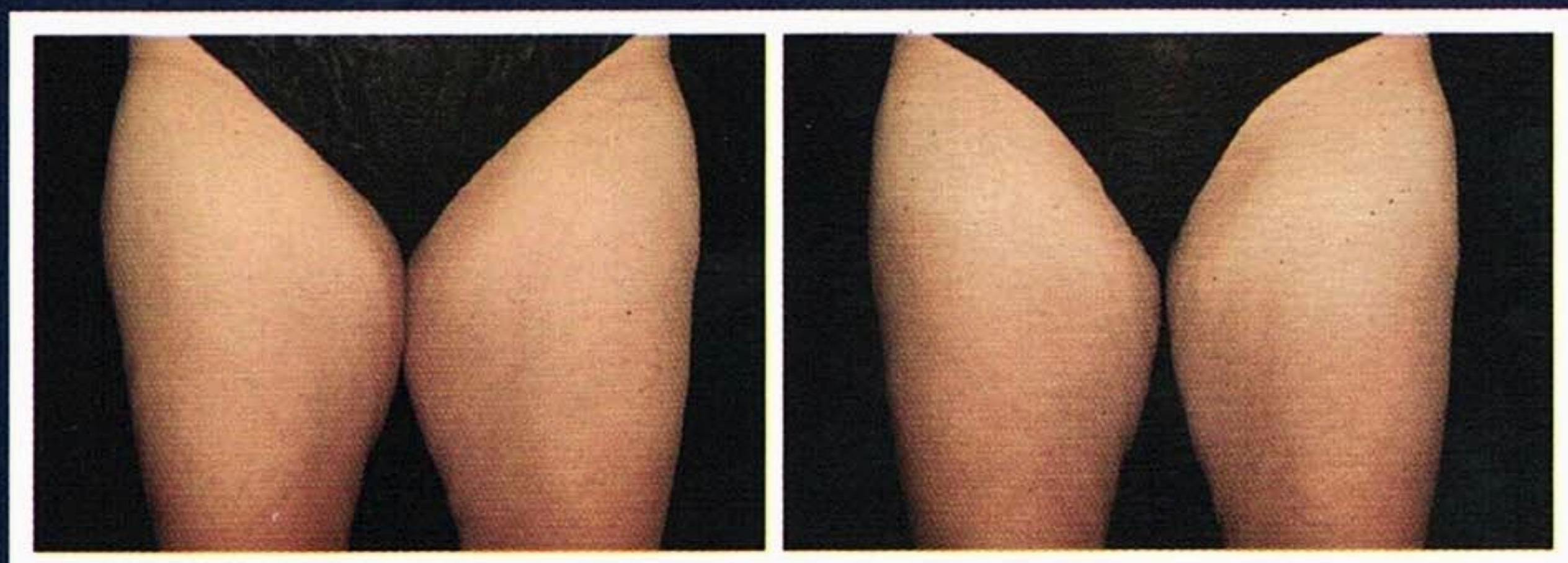
THIGH

Female



BEFORE

19 WEEKS AFTER
CoolSculpting® Session



BEFORE

13 WEEKS AFTER
CoolSculpting® Session

BANANA ROLL

Female



BEFORE

4 WEEKS AFTER
Second CoolSculpting® Session

THAT'S COOL

UNDER THE CHIN

Female



BEFORE

6 WEEKS AFTER
CoolSculpting® Session

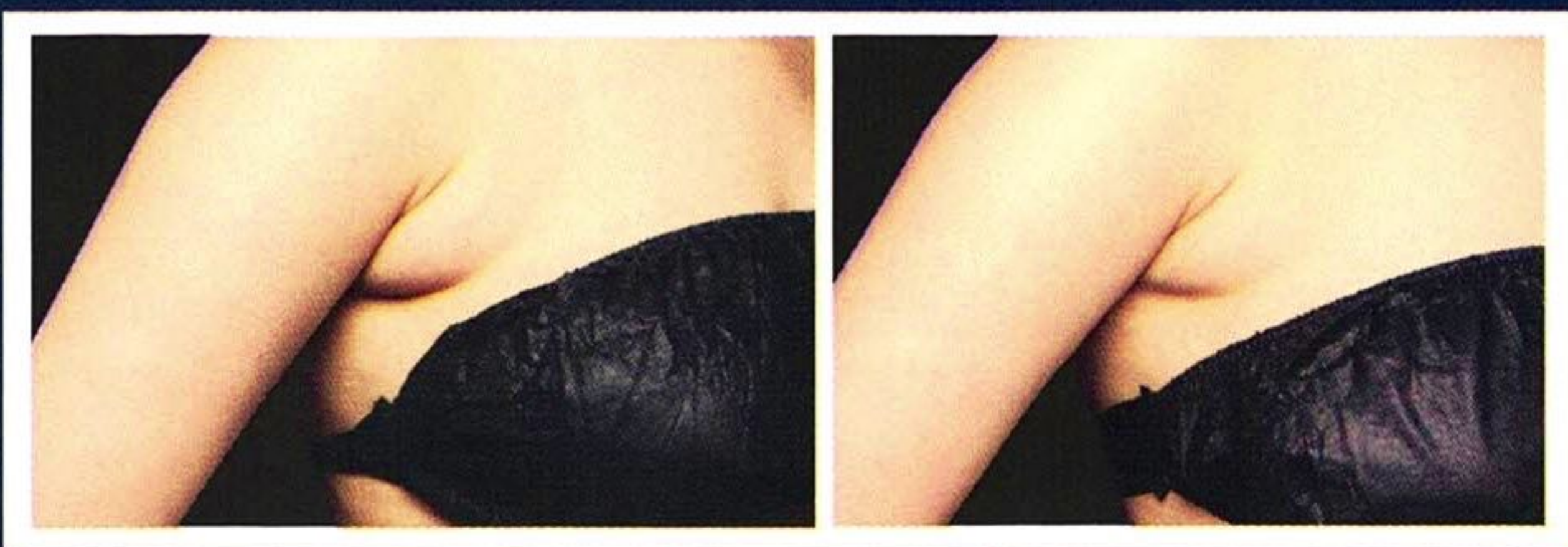


BEFORE

8 WEEKS AFTER
CoolSculpting® Session

BRA FAT

Female



BEFORE

12 WEEKS AFTER
CoolSculpting® Session

 **coolsculpting®**

#1 nonsurgical fat reduction treatment*

*CoolSculpting® is the treatment doctors use most for nonsurgical fat reduction.

Noticeable Results That Last

BACK FAT

Female

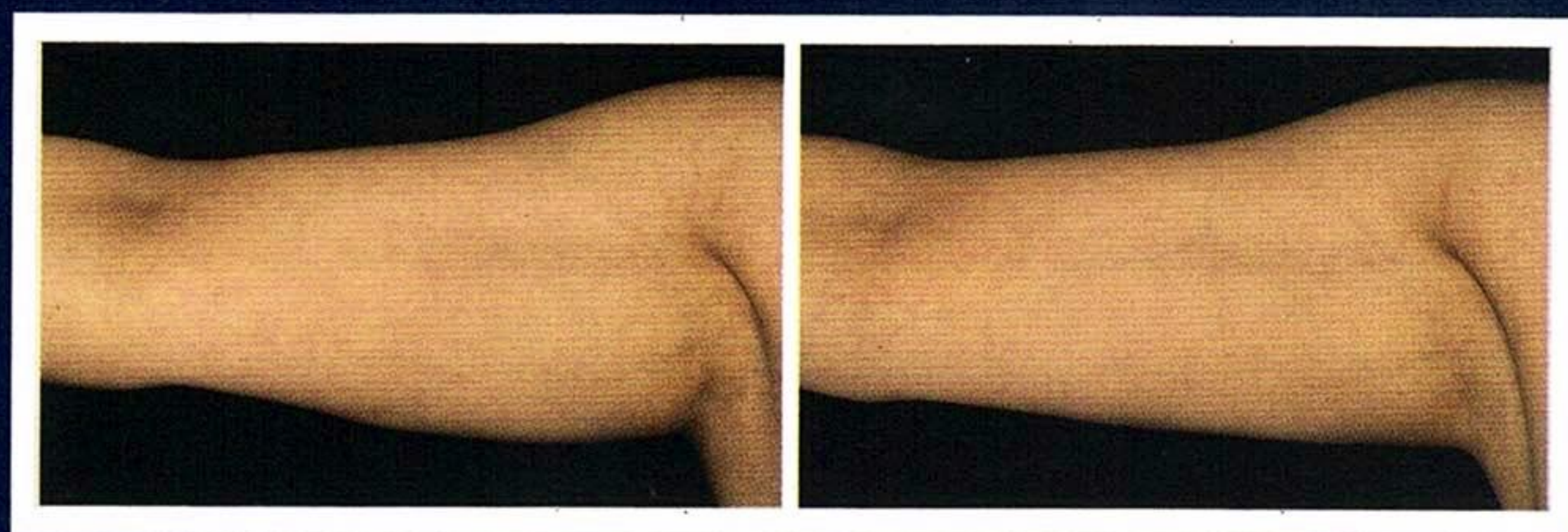


BEFORE

12 WEEKS AFTER
CoolSculpting® Session

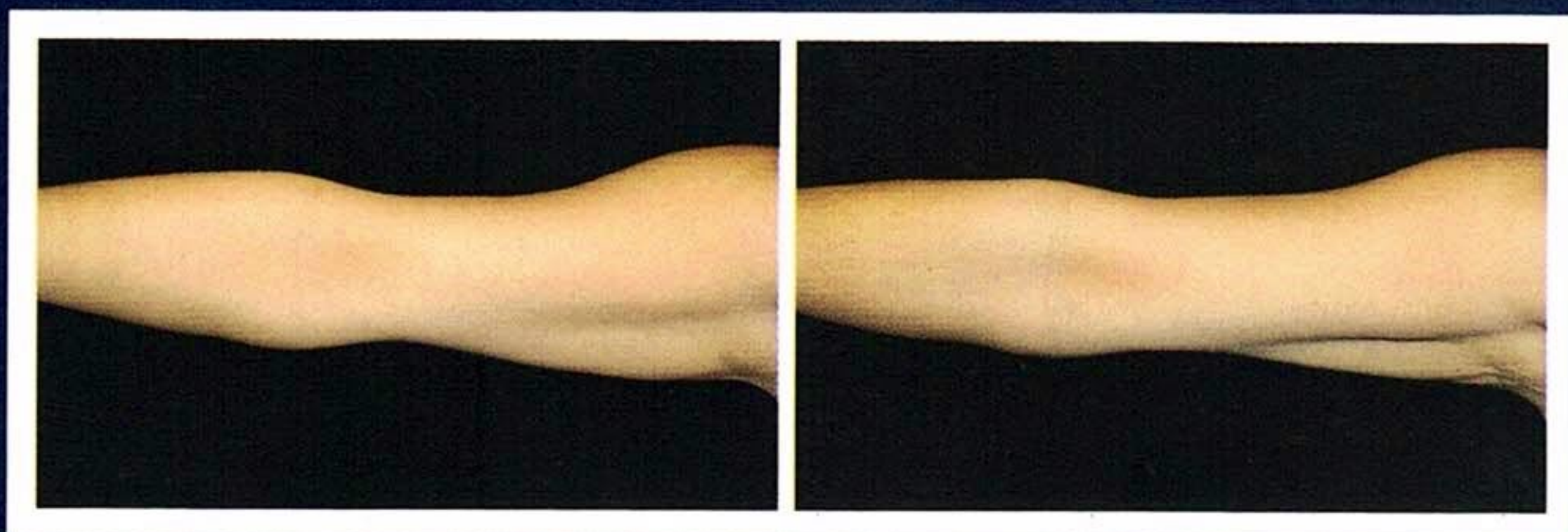
UPPER ARM

Female



BEFORE

11 WEEKS AFTER
CoolSculpting® Session



BEFORE

19 WEEKS AFTER
CoolSculpting® Session

THAT'S COOL

Cool Facts



Visible fat reduction

Results seen in as little as a single treatment³



Long-lasting results

Evident 9 years after treatment, even with fluctuations in body weight²



6+ million treatments performed worldwide



The experts' choice year after year

NewBeauty[®] 5-time Award Winner



#1 nonsurgical fat reduction treatment*

Cool Savings

Brilliant Distinctions[®] is a premier patient savings program that helps you save on CoolSculpting[®] treatments.



YOU EARN

Receive points for your CoolSculpting[®] treatments.



YOU REDEEM

Use points to save on other select aesthetic treatments and products from the premier ALLERGAN[®] Portfolio.

Get the *Brilliant Distinctions*[®] app

Manage your account, view available points, and redeem instant savings.



**Join today at
BrilliantDistinctionsProgram.com.**

THAT'S COOL

How much does the CoolSculpting® treatment cost?

The price varies depending on your area(s) of concern, the number of sessions needed, and your ultimate goal(s). Create a customized treatment plan with your provider that's tailored to your body, your goals, and your budget.

What does it feel like?

During your treatment, a gel pad or a gel and applicator are applied to the targeted area. Applicators that use vacuum suction will draw the tissue into the applicator cup. You may feel pulling, tugging, and mild pinching.

Controlled cooling is then delivered to the targeted fat, so you may feel intense cold; however, this sensation typically subsides within 10 minutes as the area becomes numb. Many patients read or even take a nap during their sessions. Afterward, patients are usually able to return to normal activities.

When will I see results?

Your provider will help you create an individualized treatment plan that is tailored to your specific goals. While some patients may see results as early as 3 weeks after their first session, most dramatic results are usually seen 1 to 3 months after treatment ends.



***Get more cool answers at
coolsculpting.com.***

Start your cool transformation today!

Speak to your CoolSculpting® provider, or go to coolsculpting.com to learn more.



BEFORE

12 WEEKS AFTER
Second CoolSculpting® Session

 **coolsculpting®**

#1 nonsurgical fat reduction treatment*

*CoolSculpting® is the treatment doctors use most for nonsurgical fat reduction.

Results and patient experience may vary.

The CoolSculpting® procedure is FDA-cleared for the treatment of visible fat bulges in the submental area, thigh, abdomen and flank, along with bra fat, back fat, underneath the buttocks (also known as banana roll), and upper arm. It is also FDA-cleared to affect the appearance of lax tissue with submental area treatments.

During the procedure, you may experience sensations of pulling, tugging, mild pinching, intense cold, tingling, stinging, aching, and cramping at the treatment site. These sensations subside as the area becomes numb. Following the procedure, typical side effects include temporary redness, swelling, blanching, bruising, firmness, tingling, stinging, tenderness, cramping, aching, itching, or skin sensitivity, and sensation of fullness in the back of the throat after a submental area treatment. Rare side effects may also occur. The CoolSculpting® procedure is not for everyone. You should not have the CoolSculpting® procedure if you suffer from cryoglobulinemia, cold agglutinin disease, or paroxysmal cold hemoglobinuria. The CoolSculpting® procedure is not a treatment for obesity. Ask your doctor if CoolSculpting® is right for you. To learn more about what to expect, visit coolsculpting.com.

Before-and-after photos courtesy of (in order of appearance): Flor A. Mayoral, MD (abdomen, top photos); Lauren Montemayor, MS, PA-C, Deep Blue Med Spa at Long Island Plastic Surgical Group, PC (abdomen, middle photos); Katherine Haynes, MD (abdomen, bottom photos); Susan Cortesi, MD, FACS, Bodify (side/flank, top photos); Allergan Training Center, East (side/flank, middle and bottom photos; thigh, top and bottom photos); Amy Brenner, MD (banana roll photos); Alicia Green, MD, Hunter Plastic Surgery (under the chin, top photos); Shadan Kabiri, MD (under the chin, bottom photos); Won-Seok Choi, MD (bra fat photos); Steven Sorr, NMD, Bodify (back fat photos); Shadan Kabiri, MD (upper arm, top photos); Premier Plastic Surgery (upper arm, bottom photos); and Flor A. Mayoral, MD (back cover photos).

References: 1. Zelickson B, Egbert BM, Preciado J, et al. Cryolipolysis for noninvasive fat cell destruction: initial results from a pig model. *Dermatol Surg.* 2009;35(10):1462-1470. 2. Bernstein EF. Long-term efficacy follow-up on two cryolipolysis case studies: 6 and 9 years post-treatment. *J Cosmet Dermatol.* 2016;15(4):561-564. 3. Coleman SR, Sachdeva K, Egbert BM, Preciado J, Allison J. Clinical efficacy of noninvasive cryolipolysis and its effects on peripheral nerves. *Aesthetic Plast Surg.* 2009;33(4):482-488.

 **Allergan**

© 2018 Allergan. All rights reserved. COOLSCULPTING® and its design are trademarks of ZELTIQ Aesthetics, Inc., an Allergan affiliate. Allergan® and its design are trademarks of Allergan, Inc. All other trademarks are the property of their respective owners. coolsculpting.com IC03983-A 181100